



@LuttHigh



LuttHigh



Lutterworth High School Academy Trust

Friday 12th April 2024



Dear Parents/ Carers

Welcome to our weekly newsletter. I hope you had a nice Easter break. Our revision sessions for Year 11 students were very well attended over the break. We are now into our final block of after school revision. Please see inside for the timetable.

On Monday we will have our House cross country for key stage 3 students. This has a very long tradition at Lutterworth High School. All students participate and they are expected to arrive in their PE kit. After they have run they will change into their uniform. It is very important that they bring their shoes to change. It will be muddy! Details of the event are inside and have been sent via Edulink.

It is non-uniform day on Thursday 18th April in aid of the Cunningham House charity, The Laura Centre. The suggested donation is £1.

We are entering a busy few weeks for students in Years 10 and 11. Year 10 students will have their walking talking mocks next week, followed by mock examinations in the following two weeks.

We have the following Parents' Evenings this half-term:

Year 11	Thursday 25th April
Year 7	Thursday 9th May
Year 10	Thursday 23rd May

Have a nice weekend.

Yours faithfully

Julian Kirby
Headteacher



NOTICEBOARD



HOW TO REPORT A CONCERN AT LUTTERWORTH HIGH SCHOOL



Tell a teacher, your tutor or go to KS3/KS4 Hubs to speak to a member of staff



Tell your parents or a friend, who can report on your behalf



Forms outside KS3 and post in the letterbox



Self report to

ks3@lutterworthhigh.co.uk
ks4@lutterworthhigh.co.uk



Speak Out button on the school website

www.lutterworthhigh.co.uk/student

Revision Guides

Orders for revision guides can be placed by filling in and returning an order form.

These can be collected from the Learning Hub.

Deadlines for orders this academic year:
Year 10 – Friday 24th May

Please note Year 11s can no longer order revision guides from school as they will not be delivered in time for their exams.

Click [here](#) to download our order form.



House Points

KS3	Jovina Joshi 7HH (34)	Lyla Clarke 7LM (46)	Molly Baker 9LA (42)	Quinn McMullan 7LH (47)
KS4	Isaac Thompson-Lydon 10LT (32)	Ruby Bartlett 10LK (46)	Daniel Faulkner 10LM (30) Emily Cook 10LK (30)	Charlotte Allen 10LM (51)

HOT CHOC FRIDAY

Well done to the following students who achieved Hot Choc Friday.



NOTICEBOARD

Cross Country - Monday 15th April - Please read

On Monday 15th April, Years' 7-9 will take part in the annual Schools' Cross Country event. This will take place in school across one lesson.

We encourage all students to take part and run but those that need to walk parts of the course, that is ok too. The course length is roughly 1 mile long.

All students are to arrive to school in PE kit and change into their full school uniform after the event.

The following year groups will meet Mr Howgate in the school gym at the start of the following periods:

P1 Year 7

P2 Year 9

P3 Year 8

All students will be in normal lessons outside the periods listed above.

Many thanks.

Mr Howgate

Director of Co-curricular and Sport

2024 LEAVERS' HOODIES!

Our Leavers' Hoodies are about to be ordered!

To make sure that you get yours, please speak to:



Miss Robinson

They cost:
£25

**PLACE
YOUR ORDER
NOW!**

FIZZ
HOODIES

Sorry - after this date:
it's just too late!

Monday 6th May



LOST IN LUXURY



YEAR 11 PROM

SHEARSBY BATH

26 JUNE 2024

7.30 - 11.00PM

ARRIVALS FROM 7PM



NOTICEBOARD

School Uniform

The Just Schoolwear team will be visiting Lutterworth High School to hold a 'Uniform Fitting Event' for new Year 7 students on Thursday 27th June, 5 – 7pm.

Students will be able to try on uniform, which ensures the correct sizes are ordered online. Orders placed within 7 days after the 'Fitting Event' will receive free home delivery on the order.



Proud suppliers of your school uniform!

**FOR YOUR GUARANTEED DELIVERY DATE,
PLEASE DON'T DELAY, ORDER NOW!**

**Place your order by the 4th AUGUST
for guaranteed delivery before back to school**

Your school uniform must be purchased online! Place your order now at www.just-schoolwear.co.uk, it's FREE to register, and available 24/7

- Online shopping with FREE 'Click & Collect' from our stores in Arnold, West Bridgford, Long Eaton, and at our Calverton head office.
- Opening times can be found at just-schoolwear.co.uk
- Home delivery also available, see the website for details.

**Thank you to
all of our customers,
from everyone at
Just Schoolwear!**

Just-Schoolwear.co.uk

NOTICEBOARD

9LB Charity Corner

9LB raised money and awareness for the charity Soldiers', Sailors' & Airmens Families Association. They did an assembly on Monday, ran a bake sale and raised £96.73. They also created a quiz to do in form time.



WOW WORK

Flatbreads and hummus to kick off the summer term. Excellent revision for the forthcoming Y10 mock exams.





Eid Mubarak

CELEBRATION LUNCH MENU

MONDAY 15TH APRIL 2024

MAINS

CHICKEN TIKKA BIRYANI

PANEER & VEG BIRYANI

VEGETABLE SAMOSA

POPPADOMS

MINT RAITA

HOT DELI

CHICKEN TIKKA PANINI

DESSERT

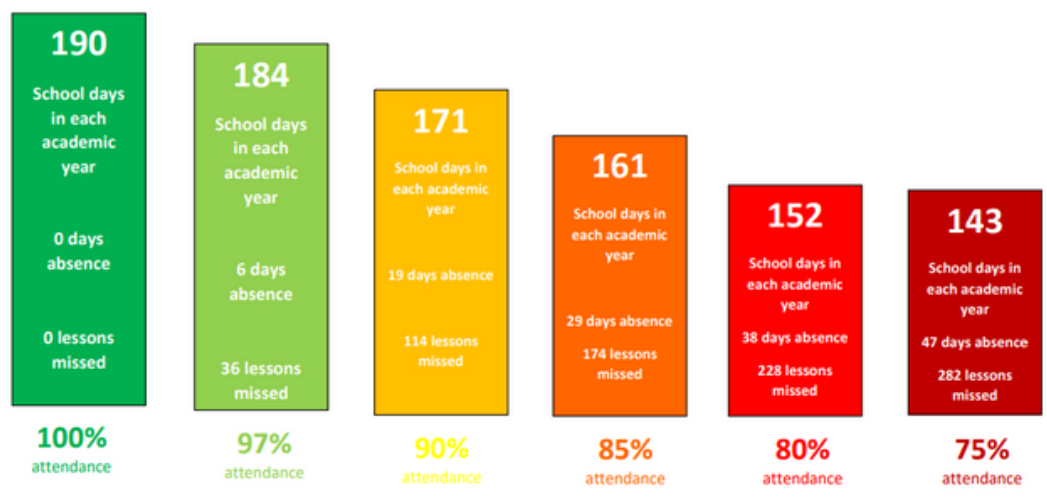
FROZEN MOUSSE



ATTENDANCE MATTERS



Good attendance means being in school at **least 97%** of the time (or 184 to 190 days)



DID YOU KNOW?

There are 365 days in a year and **175** of them are not spent at school! There's plenty of time for shopping, holidays and appointments!

Academic Year	
%	Number of days absent
97%	6
96%	7
95%	9
94%	12
93%	14
92%	16
91%	18
90%	19

IF YOU MISS...

1 day every 2 weeks
=
half a year over 5 years!

1 day per week
=
a whole YEAR missed over 5 years!

2 days per week
=
2 years missed over 5 years!

ATTEND TODAY, ACHIEVE TOMORROW

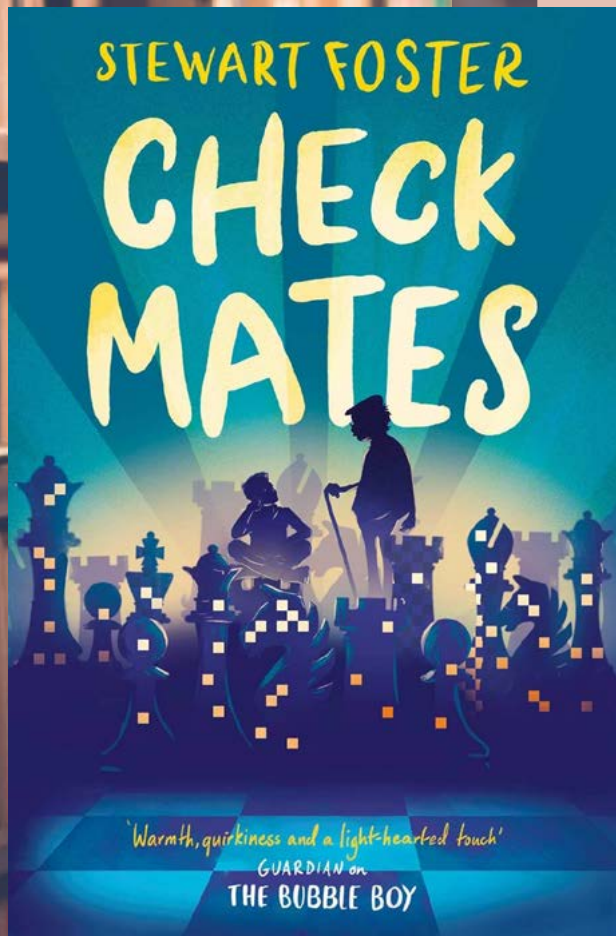


DISTINCTION AWARDS

Erin Aldridge 10HE
Lucas Ashman 7HA
Molly Baker 9LA
Charlie Beard 10LT
Angel Bell 8HS
Ruby Blockley 9HC
Emily Bradley 7HH
Riley Brammer 7HH
Fletcher Broadbent 9LB
Harry Chapman 7HH
Zara Checlacz 10HL
Izzy Clarke 9LB
Aidan Connor 9HO
Lianne Cooper 10HB
Elizabeth Cowles 9LB
Daisy Crosskey 9LN
George Davis 10LK
Rafferty Defreitas 10LK
Joseph Dewes 10HE
George East 10LK
Harriet Ellis 10LK
Harrison English 10LK
Daniel Faulkner 10LM
Madison Finney 10LM
Yasmine Fisher 8LE
Alastair Gilbert 10LT
Sam Glastonbury 10LT
Henry Golding 10LT
Charlie Gooch 10LT
Olivia Green 10LT
Lucy Hammond 11HL
Theo Hancock 10HE
Hayden Harwood 10HB
Lewis Hawthorne 7HH
Lee Hawthorne 10LM
Connie Hill 10HL
Ellis Hodges 7LC
Yasmin Ismail 8HG
Bronwen Jenkins 10LT
Mason Johnson 10HE
Jovina Joshi 7HH
Beth Keenan 10HE
Archie Kilbourne 10LM
Poppy Lane 10LT
Rhys Lenton 10HE
Harrison Lewis 10LM
Jake Lord 7HA
Connor Lynch 10LM
Jethro Mackay 10LM
Evie Mann 11LSD
Ben Mason 11HH
Joel Matthews 10HE

Lucy McClements 7HA
Finn McDonagh 10HB
Quinn McMullan 7LH
George Mears 10HL
William Mears 10HE
Jacob Murty 7HA
Zainab Nasrallah 10HB
Filip Ochal 10LM
Carla Painter 9LA
Molly Parkinson 10HE
Brendan Pollock 10HB
Jake Porter 7HA
James Quinn 8HG
Teagan Raynor 9LN
Elliot Retmanski 9LA
Bethany Richards-Gunter 10HB
Sam Richardson 10HB
Alfie Richmond 10LT
Evie Roberson 9HM
Herbie Robinson 10HE
Jack Rose 10LM
Charlie Rowley 10LK
Lani Sandford-Williamson 7LC
Ellis Shepherd 10LT
Lewis Simmons 10HL
Alfie Simons 10LK
Evie Simpkin 7HR
Florence Smith 7LH
NJ Smith 10HE
Blake Snow 10LM
Antonio Soare 7HA
Jonah Spinner 10HL
Tilly Stapleton 10HL
Swaley Storey 7HH
Noah Stretton 10HB
Ethan Styring 9LA
Felix Sutton 10LT
Charlie Theobald 10LK
Megan Thomas 8HO
Adam Thomas 10LK
Kaylen Townsend 10HE
Jessica Warden 7HH
Keeley Ware 10HL
Archie Wharton 10HL

Book of the Month April



Check Mates by Stewart Foster

One for our chess fans.

Felix is struggling at school. His ADHD makes it hard for him to concentrate and his grades are slipping. Everyone keeps telling him to try harder, but no one seems to understand just how hard he finds it.

When Mum suggests Felix spends time with his grandfather, Felix can't think of anything worse. Granddad hasn't been the same since Grandma died. Plus he's always trying to teach Felix boring chess.

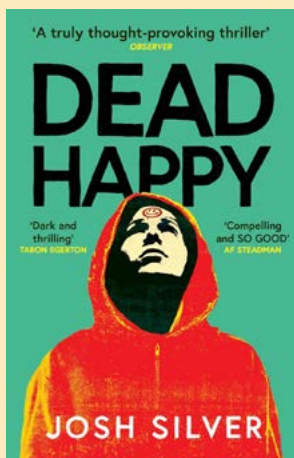
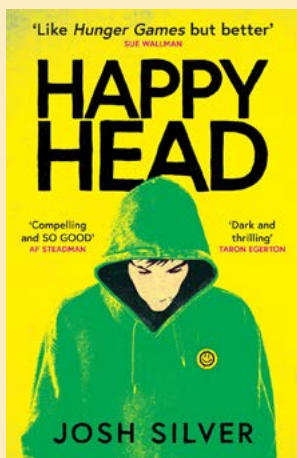
But sometimes the best lessons come in the most unexpected of places, and Granddad soon shows Felix that there's everything to play for.

You can borrow this from the Pop-up Library in E4 on Mondays and Fridays while the Learning Hub is closed for mocks.



Staff Reviews

Miss Chapman (Librarian): I read some great books over Easter. 'Soulmates and Other Ways to Die' by Melissa Welliver is a dystopian YA novel that imagines a phenomenon called Kin-Twinning where everyone has a soulmate and if your soulmate is injured, you feel it too. This means that the death-rate has doubled and the population is rapidly decreasing. Zoe and Milo find themselves thrown together in a quest to discover a cure. It's fast paced and full of tension. This is now available from the Learning Hub.



I was also lucky enough to get a copy of 'Dead Happy' by Josh Silver ahead of its release in May. This is the sequel to dystopian thriller 'Happy Head'. Seb has completed his time at the Happy Head facility and his assessors think he's now happy and compliant enough to go on to the next stage in their plan to eradicate teenage depression. What they don't know is that Seb has a plan to expose Happy Head for what it really is. This series is great for fans of The Hunger Games.

POP-UP LIBRARY E4

The Learning Hub will be closed for Year 10 mocks from Mon 15th - Fri 26th April.

The Pop-Up Library will work differently this time. Please read this carefully so that you know when you can and can't use it.

Mondays - Swap books and quiet reading

Tuesdays - Year 10 study and revision

Wednesdays - wellbeing games and colouring

Thursdays - Year 11 study and revision

Fridays - swap books and quiet reading

Anyone can come along but as it is a classroom there is limited space so it will be first come, first served (that includes for librarians, library helpers and pass holders).

HOUSE READING CHALLENGE

Each half-term the house with the most tokens will win 100 house points and one lucky reader will win a prize.

2nd place = 75 points

3rd place = 50 points

4th place = 25 points

Earn House Points by borrowing and reading books!

1. Borrow a book
2. Return it with a Rapid Review slip
3. Get a token for your house

RESULTS FOR LAST HALF TERM



Revision Block 3

Monday 8th April to Friday 3rd May – Four weeks

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school 8.00 - 8.30am	Maths - Rm1 5-a-day 8 - 8.30am (need not attend full session)	Maths - Rm1 5-a-day 8 - 8.30am (need not attend full session)	Maths - Rm1 5-a-day 8 - 8.30am (need not attend full session)	Maths - Rm1 5-a-day 8 - 8.30am (need not attend full session)	Maths - Rm1 5-a-day 8 - 8.30am (need not attend full session)
		Biology - Rm16 6 mark questions 8.15 - 8.30am	Chemistry - Rm16 6 mark questions 8.15 - 8.30am	Physics - Rm16 6 mark questions 8.15 - 8.30am	
Lunchtime 12.45 - 1.15pm	Computer Science - Rm13 DT revision - D5		PE GCSE - Rm13	DT - D5 (exam technique)	
After School 3.05 – 3.50pm	Maths F - Rm4 H - Rm1 & 2 French - Rm15 Spanish - Rm14	Geography - Rm8 Business Studies - D3	English - E2	Science F - Rm17 History - Rm11	Business Studies - D3 Geography - Rm7 History - Rm9
After School 3.50 – 4.30pm	Music (Comp) Rm18 Dance (Studio) French - Rm15 Spanish - Rm14		Food - Rm17 RE - Rm10	Science H - Rm17	



THE
EMERALD
WAY

CHARITY CORNER

Please find below a detailed plan of the chosen charities of Year 9. Students will be doing a variety of activities, raising awareness as well as funds, throughout their week for their chosen charity. Make sure to get involved in any way you can.

W/C 7th May - 9HM - [Young Minds](#)

W/C 10th June - 9HO - [Dementia UK](#)

Year 10 MOCK EXAMS

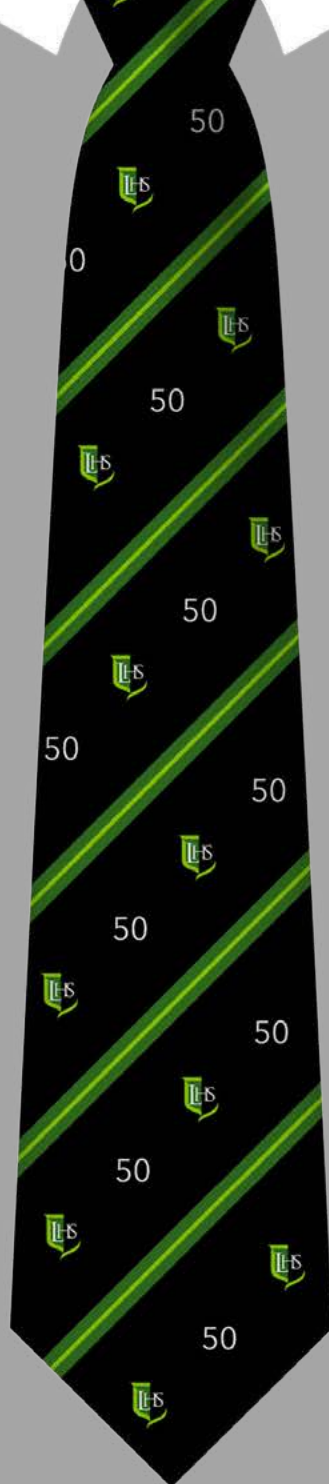
	Monday 15 th April	Tuesday 16 th April	Wednesday 17 th April	Thursday 18 th April	Friday 19 th April
P1 –2	Year 11 only GCSE ART EXAM	Year 11 only GCSE ART EXAM WTM English Literature	Year 11 only GCSE ART EXAM WTM Geography	Year 11 only Geography pre-release day	Year 11 only GCSE ART EXAM
Break					
P3-4					WTM Maths
Lunch					
P5-6		WTM Science Biology Chemistry Physics	WTM History		

	Monday 22 nd April	Tuesday 23 rd April	Wednesday 24 th April	Thursday 25 th April	Friday 26 th April
P1 –3	English Literature Macbeth Jekyll and Hyde 1hr 45m	Science – Combined Biology 1hr 15m Biology 1hr 45m	Maths 1hr 30m	Science – Combined Physics 1hr 15m Physics 1hr 45m	History 2hr
Break	Periods 1,2,3 then break				
P4					
Lunch					
P5-6	Geography 1 1hr 30m	Statistics PE Music - Listening 1hr	Dance 1hr30m Drama 1hr45m	Comp Science 1h 30m	Food 1hr Design Tech 1hr 30m

	Monday 29 th April	Tuesday 30 th April	Wednesday 1 st May	Thursday 2 nd May	Friday 3 rd May
P1 –3	Science – Combined Chemistry 1hr15m Chemistry 1hr 45m	Business 1hr 45m RE 1hr 45m	ART (All day – Group 1) French Listening 45m Reading 45m (F) 1hr (H)	ART (All day – Group 2) Creative Media NEA (All day – Group 1) Spanish Listening 45m Reading 45m (F) 1hr (H)	Creative Media NEA (All day – Group 2)
Break	Periods 1,2,3 then break				
P4					
Lunch	Normal lunch				
P5-6 1:30pm start	French/Spanish Writing 1 hr(F) 1hr 15m (H)	English Literature An Inspector Calls 50m	CATCH UP	CATCH UP	

50 TIE

Well done to the students below who have achieved a 50 Tie. This is awarded to students when they have participated in over 50 competitive fixtures.



Sports Awards Dinner 2024

Please note a change of date - Wednesday 19th June

Our annual Sports Awards Dinner is due to take place on Wednesday 19th June 2024 at Hinckley Golf Club. This is one of the highlights on the sports calendar. This evening is only available to students who have represented the school in sport this year.

Students wear formal attire and enjoy a 3-course meal followed by awards and a disco. The cost of the evening is £26.

To express interest in your child taking part in the Sports Award Dinner, please complete the '**Sports Award Dinner 2024 Interest Form**' on the Edulink App/Edulink website by 11.00am on Friday 19th April 2024. If you have not yet signed up for Edulink, please contact edulinkapp@lutterworthhigh.co.uk.

Sky Studios Visit

On Tuesday, key stage 3 students visited the Sky Studios in London for a workshop in creating movie trailers.

Students can be seen below enjoying learning communication skills, creativity and collaboration. They were a credit to the school and Sky commented on their fantastic behaviour.

Miss Ronald
KS3 Pastoral Assistant

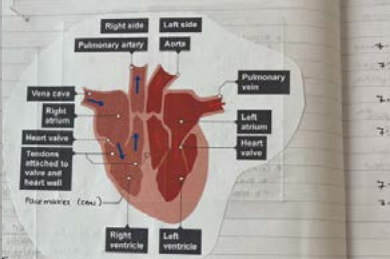


Year 10 Biology Revision

REVISION

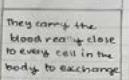
THE HEART

- blood from the left ventricle goes through the aorta to the rest of the body.
- ④ The blood then flows to the organs through arteries, and return through veins
- ⑤ The atria fill again - The whole cycle starts over.



Similarities and differences of these two vessels

- blood is pumped at high pressure so the vessels are elastic
- lumen is smaller as vessels are thicker
- contains thick layer of muscle to pump blood strongly
- contains valves to prevent backflow of blood
- blood is at low pressure so vessels are not as thick as arteries
- not as thick as arteries
- also have valves to keep the blood from flowing back



They carry the blood really close to every cell in the body to exchange substances with them. Their one cell thick walls create a short diffusion pathway. permeable walls so substances can move across them.



Plasma is necessary to help your body recover from injury, disease, nutrients, remove waste and prevent infection.

Red blood cells are necessary to distribute oxygen and fight the body.

White blood cells are necessary to defend against infection and produce antibodies.

Platelets are necessary to help blood clot.

Capillaries are the smallest blood vessels and are where the exchange of substances occurs.

Arteries carry blood away from the heart and have a thick wall to withstand high pressure.

Veins carry blood back to the heart and have a thinner wall and valves to prevent backflow.

The heart is a muscular organ that pumps blood around the body.

The heart is divided into four chambers: the right and left atria and ventricles.

The right ventricle pumps blood to the lungs and the left ventricle pumps blood to the rest of the body.

The heart is surrounded by a double-walled sac called the pericardium.

The heart is the central organ of the circulatory system.

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Part of the body is made of blood from the lungs

Use statistics to make conclusions from the carotid artery

Water is lost by osmosis

Simultaneous processes in the lungs, digestive and circulatory systems

This allows for the diffusion of substances into the cells from the capillaries and out of the cells into the capillaries

so that the system can return to normal

Plasma carries water, salts, glucose, amino acids, etc.

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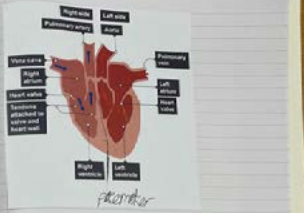
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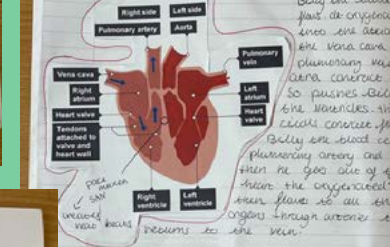
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THE HEART REVISION



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<div>  <div> AFTER SCHOOL 15:00-16:30 </div>  </div>			
Athletics All Years (All PE staff)	Rounders All Years (ZTU)	Team Tennis Invite Only All Years (SLO)	Tennis All Years (TWH)
			Dance Yr.7-8 (KBA)
		Mixed XC Yr.7-11 (MNA)	The Games Invite Only 3pm-4pm (STO)

ACTIVITY OVERVIEW - TERM 5

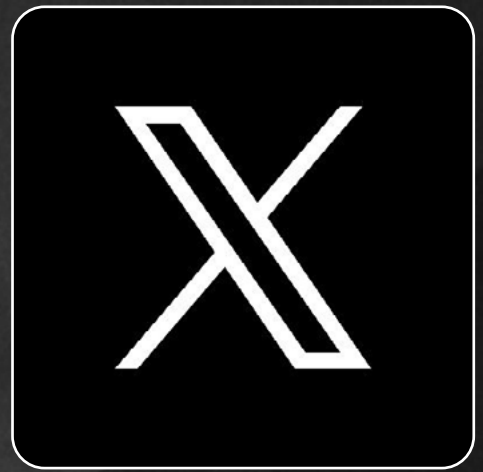
Days	Lunch 12.30-1.15pm	After School 3.00pm 3.00-4.00pm/4.15pm/4.30pm
Monday	2:30-13:15 Christian Union 12:30-13:15 Library Helper 12:30-13:15 Student Librarians	15:00-16:30 Athletics 15:00-16:30 House Netball 10/11 15:30-16:30 House Football 10/11 15:50-16:30 Dance
Tuesday		15:00-16:30 House Football - Year 7 15:00-16:30 Rounders - All Years 15:05-16:00 Silver DofE 15:30-16:30 House Netball 7
Wednesday	12:30-13:00 MiniBridge 12:30-13:10 Pride Club	15:00-15:45 Orchestra 15:00-16:00 Bronze DofE 15:00-16:30 House Football - Year 8 15:00-16:00 Further Maths 15:00-16:30 House Netball 8 15:00-16:30 Tennis - Teams 15:10-16:10 STEM Club 15:10-16:15 Textiles Art Club 15:15-16:35 Cross Country Club
Thursday	12:30-13:00 Show & Tell 12:30-13:15 Language Leadership Award 12:40-13:10 Choir	15:00-16:15 Dance Club 15:00-16:15 KS3 Art Club 15:00-16:15 The Games 15:00-16:30 House Football - Year 9 15:00-16:30 House Netball 9 15:00-16:30 Tennis - Recreational
Friday	12:30-12:45 Prom Committee 12:30-13:00 Bilingual Book Club	

THE
EMERALD
WAY



Mrs Hill @MrsHillEnglish1 · 13h

Just some of the students from 10LT today who received certificates recognising their excellent achievements in their mock interviews at the end of last term. Well done! #proudformtutors @LuttHigh ✨



Miss N Science @MissN_LHS · Apr 10

Heaps of mud for cross country club today! Great running by everyone! @LuttHigh



Mr Nutt @MrNuttGeography · Apr 9

Year 11 #GCSE #Geography students @LuttHigh are spending their day in the Hall to introduce this year's Pre Release Materials for the #AQAgeography exam. We'll work through each figure in turn to interrogate, analyse and evaluate the resources about housing development in Tudeley



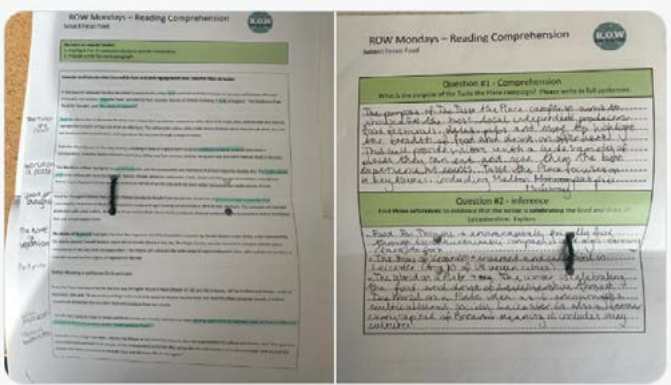
Mrs Hill @MrsHillEnglish1 · Apr 9

Brilliant revision by Year 10 this morning, for their English Literature mocks. Revising Jekyll and Hyde key images and themes. @LuttHigh @EnglishatLhs



Aaron Mehta @merlin_spitfire · Apr 8

We have moved onto reading comprehension during @LuttHigh ROW Mondays. Great examples of breaking down the meaning of subject based articles. Also gives our CLs the chance to show off their subject areas. Opening bat goes to @MrsTebbutt_Food!



Follow us on X

<https://twitter.com/LuttHigh>

eServices

KEEPING US CONNECTED

EduLink

The EduLink App provides a convenient and accessible way for us to communicate with parents on some of the main aspects of daily school life.

It's easy to use and is accessible from a smart phone, tablet or PC. You can use the app to report an absence easily and also book appointments for your child's Parents' Evening.

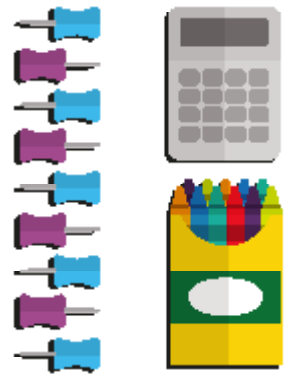
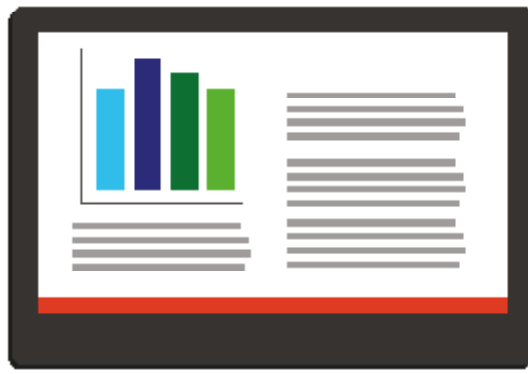
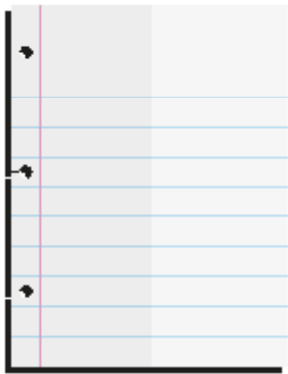
If you haven't already been issued with login details, please contact the EduLink team on the below email address edulinkapp@lutterworthhigh.co.uk.

NEED HELP?

If you have any queries or need IT assistance, do not hesitate to email eservices@lutterworthhigh.co.uk



OFFICE 365 - STUDENT ADVANTAGE & TEAMS



Stock up for academic success with free Office.

Students get a complete version of the latest Microsoft Office for free to use for as long as they're students!

Visit our the website and go to Menu - Students - Student Zone

COMMUNITY NOTICES

RUGBY
Art Gallery
& Museum

Artist talk:

"Unveiling the Domestic Fantastic"

Join Artist Chris Orr! | Thursday 9 May 5-7pm

Join us for an exclusive talk with renowned British artist Chris Orr RA. Orr will delve into his artistic journey, from his early influences to his acclaimed career.

Tickets £5.00 per person.



Visit www.ragm.co.uk to book



Body Image

NEWSLETTER

APRIL 2024

WHAT DOES BODY IMAGE MEAN?

Body image is a term that can be used to describe how we think and feel about our bodies, positively, negatively or both. Body image can relate to a person's body size or shape, height, skin colour, appearance, physical disabilities or differences.

A negative body image can influence a child or young person in many different ways. This can include:

- Lower self-esteem
- Lower levels in confidence
- Increased anxiety
- Depression or low mood
- Social isolation or withdrawal
- Self-harming or restricted eating

Source: Mental Health Foundation



Did you know?

Research has shown that for young children, attitudes about body shape and size may start as early as three or four years old.

Source: Mental Health Foundation



POOR BODY IMAGE- SPOT THE SIGNS!

It is normal for children and young people to compare themselves to others, especially as they get older. However there are signs to be aware of which could indicate that they have an unhealthy view of their body, which is negatively affecting how they feel about themselves. This could include;

- Feeling overly worried about how they look.
- Wanting to cover up parts of their body.
- Not wanting to change for PE or take part.
- Refusing types of food because 'it makes me fat'.
- Changes in mood.
- Control of eating.
- Changes in their social functioning or interaction.

Source: Mentally Healthy Schools

MENTALLY HEALTHY SCHOOLS

For further information
& support, visit the
Mentally Healthy
schools website [here!](#)

IF YOU'RE WORRIED, **YOUNGMINDS** HAS LOTS OF ADVICE **HERE!**

EATING DISORDERS

In some cases, a negative body image can lead to an eating disorder. Disordered eating can present in different ways;

- Severely limiting the amount of food eaten
- Eating very large quantities of food at once
- Making yourself sick after eating and/or by misusing laxatives
- Fasting
- Undertaking excessive exercise
- Or a combination of behaviours



Did you know?

More than a third of British teenagers (35%) have stopped eating at some point or restricted their diets due to worrying about their body image.

Source: Mental Health Foundation



ADVICE & SUPPORT

If you are concerned that your child may be showing signs that they have an eating disorder, there is lots of help and support available.

Key April dates

- World Autism Awareness day-8th
- Earth day- 22nd
- Stress Awareness month



The NHS has tips and advice, alongside helplines and services available to you for support **here**



The Beat Eating disorders has support and advice including Beat's learning platforms for those supporting a loved one with an eating disorder. Find out more **here**



YoungMinds have a series of real stories of young people that have recovered from Eating Disorders. Check them out **here**



LET'S GET SOCIAL



DATES FOR YOUR DIARY

Thursday 25th April - Year 11 Parents' Evening
 Thursday 9th May - Year 7 Parents' Evening
 Thursday 23rd May - Year 10 Parents' Evening
 Tuesday 25th June - Summer Concert
 Wednesday 26th June 2024 - Year 11 Prom
 Thursday 27th June - New Parents' Information Evening

AUTUMN TERM 2023	FROM THE MORNING OF:	UNTIL THE END OF:
Autumn 1st half term	Tuesday 29 th August 2023	Friday 13 th October 2023
Mid-term break	Monday 16 th October 2023	Friday 20 th October 2023
Autumn 2nd half term	Monday 23 rd October 2023	Friday 22 nd December 2023 12.30pm

SPRING TERM 2024	FROM THE MORNING OF:	UNTIL THE END OF:
Spring 1st half-term	Tuesday 9 th January 2024	Friday 16 th February 2024
Mid-term break	Monday 19 th February 2024	Friday 23 rd February 2024
Spring 2nd half-term	Monday 26 th February 2024	Friday 22 nd March 2024

SUMMER TERM 2024	FROM THE MORNING OF:	UNTIL THE END OF:
Summer 1st half-term	Monday 8 th April 2024	Friday 24 th May 2024
May Day	Monday 6 th May 2024	Monday 6 th May 2024
Mid-term break	Monday 27 th May 2024	Friday 31 st May 2024
Summer 2nd half-term	Monday 3 rd June 2024	Wednesday 10 th July 2024

AUGUST TERM 2024	FROM THE MORNING OF:	UNTIL THE END OF:
Autumn 1st half term	Tuesday 27 th August 2024	Friday 18 th October 2024
Mid-term break	Monday 21 st October 2024	Friday 25 th October 2024
Autumn 2nd half term	Monday 28 th October 2024	Friday 20 th December 2024

SPRING TERM 2025	FROM THE MORNING OF:	UNTIL THE END OF:
Spring 1st half-term	Tuesday 7 th January 2025	Friday 14 th February 2025
Mid-term break	Monday 17 th February 2025	Friday 21 st February 2025
Spring 2nd half-term	Monday 24 th February 2025	Friday 11 th April 2025

SUMMER TERM 2025	FROM THE MORNING OF:	UNTIL THE END OF:
Summer 1st half-term	Monday 28 th April 2025	Friday 23 rd May 2025
May Day	Monday 5 th May 2025	Monday 5 th May 2025
Mid-term break	Monday 26 th May 2025	Friday 30 th May 2025
Summer 2nd half-term	Monday 2 nd June 2025	Wednesday 9 th July 2025